

BULLOCH COUNTY SCHOOLS

Infectious Illness Guide for Employees & Students

www.bullochschools.org/returntoschool 01/05/2022

Open your cell phone's camera app, hover over QR codes, & click the link that appears to access information or visit our website. Report COVID-19-Related Absences **Order Free Weekly Meals** Weekly COVID-19 Report







Look for Symptoms:

Look daily for these possible symptoms of illness among members of your household:

- Body/Muscle Aches
- Chills
- - Fatigue
- Nausea/Vomiting

• Diarrhea

- Cough
- Loss of Taste or Smell
- Shortness of Breath

Congestion or Runny Nose

- Headache (Severe)
- Sore Throat
- Difficulty Breathing

- 100 F fever with other symptoms
- 100.4 F fever without other symptoms

Free COVID-19 Testing:

Mako Medical offers free COVID-19 testing in Bulloch County. Their drive-thru site is in the parking lot located along Railroad Street between Hill and Courtland Streets. Look for the white tent. Registration recommended, not required.

Reminders:

- Masks are encouraged, but not required. Consider wearing a well-fitting mask at all times for 10 days after exposure.
- Persons who are fully vaccinated for COVID-19 do not have to quarantine due to close contact with a confirmedpositive case of COVID-19 unless they begin to have symptoms.
- Free weekly meals are available for pick up for children who are isolated or quarantined.
- For the time period a child is isolated or quarantined, they are provided distance learning by the school district.

We Will Contact You:

- Report confirmed-positive COVID-19 cases & close contacts outside of school to us (Use QR code, websites or phone).
- Once we receive official notice of a COVID-19 case, we will contact you if your child was a close contact to the case.
- We send out messages each weeknight at 6:30 p.m. The message gives you the date of exposure and steps to follow.

Isolations & Quarantines

Follow the guides below to know when to isolate or quarantine from work or school. Day 1 of isolation or quarantine is the day <u>after</u> symptoms begin or the day <u>after</u> exposure to a confirmed-positive COVID-19 case outside of school. Contact your school if you choose to stay home for 10 full days instead of five.

STAY HOME 5 FULL DAYS, then wear a well-fitting mask for 5 more days when around others if:

- You have COVID-19 symptoms, but no confirmed test (unless a doctor provides a note, with an alternate diagnosis and date that you can end isolation).
- You have a confirmed-positive case of COVID-19, but no symptoms or mild symptoms & fever-free for 24 hrs.
- You are exposed to COVID-19 outside of school or you live with someone who has a confirmed-positive case of COVID-19, unless you are fully vaccinated.
- You are waiting for COVID-19 test results.

When Close Contacts to COVID Occur at School:

- If you are a close contact to a confirmed-positive COVID-19 case in our school district, you do not have to stay home. Consider wearing a mask for 10 days.
- Close contacts with a confirmed-positive case of COVID-19 are not sick, but be aware and look for possible symptoms. You are not required to be tested to remain at work or school.
- If you develop symptoms, stay home for 5 full days, then if symptoms resolve you should wear a mask for 5 more days when around others.